

# Cultural Humility Training

for Maricopa County  
Department of Public Health (MCDPH)



## What is Cultural Humility?

Cultural Humility expands on cultural competence and asks individuals to self-reflect on their own ideas and bias related to cultural groups and identities. This practice also asks participants to continue to reflect on these ideas overtime with the realization that one can never fully know all there is to know about a culture group or identity.

Developed and Facilitated by

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D.P.H., M.S., M.Ed., M.A.




## Register for A Training Session!



### In-person Session:


 **May 7th, 2024 at  
11:00 a.m. MST**

 **Cancer Support Community Arizona:  
360 E Palm Lane Phoenix, AZ, 85004.  
<https://shorturl.at/disyN>**

**(OR)**



### Virtual Session:

 **May 14th, 2024  
at 10:00 a.m. MST**

**<https://shorturl.at/mLQV2>**

**Click the links to register**

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